



1ST WORLD

YOGASANA SPORTS CHAMPIONSHIP 2026

4TH TO 8TH JUNE 2026

at Ahmedabad, Gujarat



INDIA



Organized by **WORLD YOGASANA**

Hosted by **YOGASANABHARAT**



Recognised by Ministry of Youth Affairs Sports
Government of India.



WELCOME

It gives us immense pride and honor to welcome the Global Yogasana fraternity to the 1st World Yogasana Sports Championship 2026.

For the first time in history, elite Yogasana athletes, Coaches, Team Managers, Administrators, Judges, Jury, Technical officials from across continents will gather in India – **the birthplace of Yoga** – to compete at the highest international platform under standardized global rules.

This championship represents:

- The evolution of Yoga into a structured competitive sport
- The fusion of ancient wisdom and modern sporting excellence
- A celebration of discipline, balance, strength, and global unity

Welcome to a historic beginning.

SILENT FEATURES CHAMPIONSHIP

- First-ever official World Championship of Yogasana Sport
- Conducted under International Code of Points
- Judged by internationally certified technical officials
- Electronic Scoring System (TSR) for transparency
- Overall Champion & Individual Champion Titles

This event marks a major milestone in the global sporting roadmap of Yogasana.

ABOUT YOGASANA AS A SPORT

Yogasana has transformed from an ancient discipline into a structured competitive sport while preserving its traditional roots.

It demands:

- Exceptional flexibility
- Core strength and endurance
- Balance and stability
- Technical precision
- Mental concentration

Unlike other sports, Yogasana harmonizes body, breath, and awareness, creating athletes who are both physically powerful and mentally centered.



COMPETITION CATEGORIES



Age Group & Medals

Category	Age Group	Gold	Silver	Bronze
Sub Junior	10 - 14 Years	24	24	24
Junior	14 - 18 Years	24	24	24
Senior	18 - 28 Years	24	24	24
Senior A	28 - 35 Years	16	16	16
Senior B	35 - 45 Years	16	16	16
Senior C	45 - 55 Years	16	16	16



Events:

Individual Events

- Traditional Yogasana
- Forward Bend Individual
- Back Bend Individual
- Twisting Individual
- Leg Balance Individual
- Hand Balance Individual
- Supine Individual

Artistic Events

- Kalatmak Ekal (Artistic Single)
- Kalatmak Yugal (Artistic Pair)
- Talatmak Yugal (Rhythmic Pair)
- Kalatmak Samuha (Group)
- Traditional Group



AWARDS & HONOURS

- Gold Medal & Merit Certificate
- Silver Medal & Merit Certificate
- Bronze Medal & Merit Certificate
- 4th & 5th Rank - Merit Certificate
- Overall Champion Trophy
- 1st & 2nd Runner-Up Trophies
- Best Athlete of Each Country
- Overall Individual Champion (Men & Women)
- All athletes and officials will receive official participation certificates.



VENUE & FACILITIES

Ahmedabad, one of India's fastest growing international cities, will host the championship in world-class sporting infrastructure.

Facilities include:

- International-standard competition arena
- Warm-up zones
- Medical & physiotherapy support
- Electronic scoring system
- Media & live streaming coverage
- Secure accreditation system



TRAVEL & HOSPITALITY

International Gateway:

Sardar Vallabhbhai Patel International Airport - Ahmedabad

Hospitality Highlights:

- Accommodation & meals provided by Host Organizing Committee (within permissible limits)
- Airport pick-up and drop facility
- Dedicated transport coordination team
- Cultural evening & ceremonies

Participants are advised to arrange their visa and medical insurance as per guidelines .

CULTURAL EXPERIENCE - SPECIAL FOR FOREIGN DELEGATIONS

Welcome to India - The Land of Yoga.

Ahmedabad offers:

- Rich heritage architecture
- Traditional Gujarati culture
- Spiritual and historical landmarks
- Authentic Indian cuisine
- Warm hospitality



During the championship, international teams will experience:

- Grand Opening Ceremony with Indian cultural performances
- Traditional March Past
- Cultural Exchange Programs
- Demonstrations including Mallakhamb & Rope Yoga

This championship is not just a competition – it is a cultural journey.

SPECIAL MESSAGE FOR INTERNATIONAL ATHLETES

Dear Athletes,

Competing in India – the birthplace of Yoga is a once-in-a-lifetime opportunity.

This is more than a medal event.

It is:

- A global stage to represent your nation
- A chance to be part of history
- An opportunity to inspire future generations
- A step toward Olympic recognition for Yogasana

Be part of the movement.

Be part of the legacy.

EVENT SCHEDULE SNAPSHOT

3rd June 2026	- Arrival & Accreditation
4th - 8th June 2026	- Competition Days
Opening Ceremony	- 3rd June (Evening)
Closing Ceremony	- 8th June (Evening)
9th June 2026	- Departure

(Full schedule as per official notification)

FAIR PLAY & ANTI-DOPING

The Championship shall strictly follow:

- International Code of Points
- Jury decisions final
- WADA Anti-Doping Regulations

Integrity, discipline, and sportsmanship are paramount.

SPONSORSHIP & GLOBAL PARTNERSHIP

The 1st World Yogasana Sports Championship offers International brands an opportunity to align with:


- Health & Wellness
- Youth Development
- Global Sporting Movement
- Cultural Diplomacy


Partnership categories available:

- Title Sponsor
- Presenting Sponsor
- Official Partner
- Equipment Partner
- Broadcast Partner

CONTACT

 secretariat@worldyogasana.org

 www.worldyogasana.org

 +91 9760095100

Organized by: World Yogasana
Hosted by: Yogasana Bharat



युवा कार्यक्रम
एवं खेल मंत्रालय
MINISTRY OF
YOUTH AFFAIRS
AND SPORTS



WORLD
YOGASANA